

ASSISTED DIP CHIN

JXB - 203 - RBK - BL

The Assisted Dip Chin is a great machine for both beginners and experienced users. The machine can be used with or without the added support pad and includes multiple grips for pull ups and an adjustable bar for performing dips.



FEATURES

- ◆ **Adjustable Assistance:** Customizable resistance for dips and chin-ups.
- ◆ **Multi-Function Design:** Supports both dips and chin-ups.
- ◆ **Ergonomic Handles:** Comfortable grip for proper form.
- ◆ **Durable Construction:** High-quality, long-lasting build.
- ◆ **Compact Design:** Space-efficient for smaller gyms.

SPECIFICATIONS

DIMENSIONS:

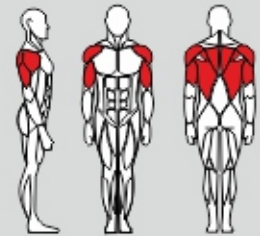
Length: 58 inches / 147 cms

Width: 46 inches / 117 cms

Height: 85 inches / 216 cms

Weight: 591 lbs / 268.5 kg

Weight stack: 220 lbs / 100 kg



MUSCLE WORKED: Erector Spine, Latissimus Dorsi, Anterior Deltoid, Posterior Deltoids, Biceps, Triceps

COLOUR AVAILABLE: Dark Silver